

## Side Dishes – Contorni

### FRENCH FRIES (V)

Crispy & skinny .....3.50

### SWEET POTATO FRIES (V)

Sweet potato fries.....4.00

### SIDE SALAD (V) \*10, 12

A small mixed colourful salad served with cherry tomatoes, roasted red peppers, red onions & Amodeo Salad dressing .....3.50

### PATATE GRATINATE (V) \*7

Sliced potatoes baked with finely chopped onions, garlic, cream and mozzarella cheese .....3.50

### MAXINE'S NAUGHTY BREAD (V) \*1, 7, 12

Crispy garlic bread with garlic butter & fresh herbs.....3.95  
Cheese (optional).....Add 1.00

## Something Sweet

**Mouth-watering desserts made daily!**

Please contact the store directly to find out our freshly made desserts of the day.

## This & That

Amodeo Salad Dressing 250 ml \*6, 10, 12 .....7.95

Amodeo Balsamic Reduction 100 ml \*12 .....9.95

**All meals are freshly cooked on site from locally sourced products.**

Please let us know if you have any dietary requirements that we should be made aware of.

Please enquire about our exciting catering packages at your home or office. [info@tuscanyle](mailto:info@tuscanyle)





# TUSCANY

*Bistro*

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## *Menu*

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Castletroy Tel: 061-333444 | Ballina Tel: 061-376888

[www.tuscany.ie](http://www.tuscany.ie)



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## Starter

### BRUSCHETTA BIANCA (V) \*1, 7, 10, 12

Slices of succulent buffalo mozzarella, vine ripened tomatoes and fresh basil pesto served on 3 slices of crispy toasted signature Tuscany bread, garnished with a small seasonal salad served with our own homemade dressing ..... 8.95

### FOCACCIA BREAD 12" (V) \*1

A light Italian flatbread with olive oil, finely diced olives, sun blushed tomatoes, garlic & rosemary served with 3 delicious dips including our Amodeo balsamic reduction, basil pesto & sun blushed tomato tapenade..... 7.50

### PORTOBELLO MUSHROOMS (V) (N) \*6, 7, 8, 10, 12

Lightly grilled with walnuts & Cashel Blue cheese, served with crisp green salad ..... 9.95

### SPICY CHICKEN WINGS \*7, 9, 10

Crispy Irish chicken wings coated in Tuscany's secret spicy sauce, served with celery sticks and a Cashel Blue cheese sauce..... 9.95

### MINI FISHCAKES (N) \*3, 4, 7, 10, 12

Three fresh chunky fishcakes with a hint of lime & chilli served with crisp rocket salad & a roasted vegetable salsa..... 9.95

### CHILLI LIME PRAWNS (HOT) \*1, 2, 10, 12

Delicious prawns with freshly squeezed lime, chilli, garlic, leeks & onions served with toasted bread and side salad with Amodeo dressing ..... 12.95

### ST. TOLA GOATS CHEESE BRUSCHETTA (N) \*1, 7, 10, 12

Warm goats cheese, roasted red peppers & fresh basil pesto on toasted bread served with a small green salad and crispy Parma ham..... 9.95

## Main Course

Here at Tuscany 'our customers' opinions matter! Because of that, our pasta dishes\* can be served with your choice of penne, tagliatelle, spaghetti, wholewheat fusilli or gluten free penne. \* Lasagna and cannelloni not included

### LASAGNA EMILIANA (N) \*1, 3, 7, 10, 12

THE REAL THING! Layers of lasagna with a rich ragout of locally sourced beef & pork, creamy béchamel sauce, crispy garlic bread & a seasonal green salad or skinny fries ..... 14.95

### VEGGIE LASAGNA (V) \*1, 3, 7

Layers of lasagna with a vegetable ratatouille, Napolitana sauce, creamy béchamel, garlic bread & a seasonal green salad or skinny fries ..... 11.95

### SPAGHETTI BOLOGNESE \*1

This traditional dish from Bologna consists of spaghetti served in a rich slow cooked classic beef & pork ragout ..... 13.95

### PASTA DI GIOVANNI \*1, 7, 12

This Tuscany original is served with diced chicken and is an explosion of flavours and colours including feta, chorizo, sun blushed tomatoes, green and black olives, garlic, onions and cooked in white wine, a splash of fresh cream & served with tagliatelle ..... 16.95

### SPAGHETTI ALLA CARBONARA DI IVAN \*1, 7, 12

This classic favourite consists of spaghetti served in a delicate cream sauce, pancetta, smoked bacon, onions, garlic, white wine & cracked black pepper..... 14.95  
Peas or mushrooms (optional)..... Add 0.80

**TAGLIATELLE AL POLLO \*1, 3, 7, 12**

This classic dish consists of a delicious cream sauce with diced chicken, onions, garlic, white wine, tagliatelle finished with parmesan & fresh herbs ..... 14.95  
Also delicious with broccoli, mushrooms or peas (optional) ..... Add 0.80

**CHICKEN CACCIATORA \*1, 12**

A mouth-watering light tomato Napolitana sauce with diced chicken breast, onions, mushrooms, garlic butter, white wine, fresh herbs, a splash of brandy & fresh basil pesto with penne ..... 15.95

**CANNELLONI (V) (N) \*1, 3, 7, 12**

Spinach, ricotta & nutmeg served with your choice of either a rich buttery tomato sauce OR a creamy Cashel Blue cheese & crushed walnut sauce, with a seasonal green salad or skinny fries ..... 15.95

**PRAWN & LEMON PASTA \*1, 2, 12**

Pan seared King prawns served on spaghetti infused with fresh garlic, onions, leeks, cherry tomatoes, spinach in a light lemon & white wine broth ..... 17.95

**SEAFOOD RISOTTO (HOT) \*2, 4, 7, 12, 14**

Bursting with flavour with Tiger prawns, salmon, cod & smoked haddock, chorizo, roasted red peppers, peas, chilli, lemon juice & fresh herbs (mussels when in season) ..... 17.95

*La Pizza - 12 inch*

All with Napoletana sauce & mozzarella cheese

**MARGHERITA (V) \*1, 7**

The classic pizza ..... 11.95

**TUSCANY \*1, 7**

Bacon, avocado, rocket, olives and basil pesto ..... 14.95

**FESTA DELLA CARNE \*1, 7**

Salami, bacon, chicken, chorizo and pepperoni. Meat lovers heaven! ..... 14.95

**PROSCIUTTO DI PARMA \*1, 7**

Simple and delicious. Parma ham (uncooked unless requested), crisp rocket and shaved parmesan ..... 14.95

**CAPRICCIOSA \*1, 7**

Ham, mushrooms, red onions, olives and artichokes ..... 13.95

**VEGETARIANA (V) \*1, 7**

Roasted red peppers, sun blushed tomatoes, rocket, St. Tola goats cheese and artichokes ..... 14.95

**SPEZIATA \*1, 7**

Pepperoni, fresh chillies, red onions and parmesan ..... 13.95

**PICK YOUR OWN TOPPINGS**

Roasted red peppers, red onions, aubergines, avocado, green/black olives, pineapple, sweetcorn, sun blushed tomatoes, mushrooms, chillies, capers, rocket, artichokes ..... Add 0.80

Buffalo mozzarella, St. Tola goats cheese, feta, Cashel Blue, parmesan ..... Add 1.50

Pepperoni, salami, ham, chorizo, bacon ..... Add 1.50

Diced chicken, spicy chicken ..... Add 3.00

Prawns ..... Add 5.00

Add dip GARLIC MAYO €1.00 (V) \*3

*Salads - Insalate*

**INSALATA AL POLLO \*1, 10, 12**

Spicy grilled chicken breast served with mixed colourful salad leaves, red onions, pineapple, sweetcorn, cherry tomatoes, roasted red peppers & olives with our delicious Amodeo dressing.  
Served with toasted bread ..... 12.95