



## DESIGN YOUR OWN

Roasted red peppers, red onions, aubergines, avocado, green/black olives, pineapple, sweetcorn, courgettes, sun blushed tomatoes, mushrooms, chilli, capers and rocket .....	Add 0.80
Buffalo mozzarella, St. Tola goats cheese, feta, Cashel blue & parmesan .....	Add 1.00
Pepperoni, salame, ham, chorizo, bacon, grilled chicken, spicy chicken, and anchovies .....	Add 1.50
Prawns .....	Add 3.00

## Side Dishes - Contorni

### MAXINE'S NAUGHTY BREAD (V) \*1, 7, 12

Crispy garlic bread with garlic butter & fresh herbs.....	3.95
Cheese (optional).....	Add 1.00

### PATATE GRATINATE (V) \*7

Sliced potatoes baked with finely chopped onions, garlic, cream and mozzarella cheese .....	4.50
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### SKINNY FRIES (V) (N).....

3.50

### BABY POTATOES (V) (N) \*7

Flavoursome new potatoes served with either garlic butter, fresh basil pesto or olive oil .....	3.50
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### CRISP GARDEN VEGETABLES (V)

Selection of steamed crisp seasonal vegetables.....	4.00
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### SIDE SALAD (V) \*7, 12

A small mixed colourful salad served with cherry tomatoes, roasted red peppers, red onions & Amodeo Salad dressing .....	3.50
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### SWEET POTATO FRIES(V)

Sweet potato fries.....	4.00
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## Beverages - Bibite

### Cold Minerals

Small still or sparkling water .....	3.95
Large still or sparkling water .....	4.95

### Hot Options

Tea with lemon or milk *1, 7 .....	2.20
Herbal tea (green tea, peppermint, camomile, earl grey tea) *1, 7 .....	2.20
Americano *1, 7 .....	2.80
Espresso (single) *1, 7 .....	2.50
Espresso (double) *1, 7 .....	2.95
Macchiato *1, 7 .....	2.60
Cappuccino *1, 7 .....	3.00
Latte *1, 7 .....	3.00
Mocha *1, 7 .....	3.50
Flat White *1, 7 .....	3.00
Hot Chocolate *1, 7 .....	3.00
Luxury Hot chocolate with a chocolate stick, homemade cookies & fresh cream *1, 7 .....	4.95

All of our coffee is Badger & dodo

## This & That

Amodeo Salad Dressing 250 ml *6, 10, 12 .....	7.95
Amodeo Balsamic Reduction 100 ml *12 .....	9.95
Amodeo Salad Dressing Refill 250ml *6, 10, 12 .....	6.50

All meals are freshly cooked on site with absolutely no preservatives or additives from locally sourced products.

Gluten free options are available for pizza, pasta and bruschetta selection.

Please let your server know if you have any dietary requirements that we should be made aware of.



# TUSCANY

*Bistro*

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## *Menu*

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Castletroy Tel: 061-333444 | Ballina Tel: 061-376888

[www.tuscany.ie](http://www.tuscany.ie)



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## Starter

### **BRUSCHETTA BIANCA (V) (N) \*1, 7, 10, 12**

Buffalo mozzarella slices, vine ripened tomatoes with fresh basil pesto on toasted bread, served with a small crisp green salad ..... 8.95

### **BRUSCHETTA ROSSA (V) \*1, 10, 12**

Freshly chopped tomatoes, red onions, garlic, basil, olive oil on toasted bread with a drizzle of Amodeo dressing served with a crisp green salad ..... 7.95

### **OLIVE SELECTION (V) (N) 1,**

A delicious selection of mixed olives with fresh mint, rosemary & thyme with shredded basil, sun blushed tomatoes, lime, olive oil & fresh lemon, served with garlic bread. A great pre-dinner nibble! Delicious hot or cold. Let us know your preference. (Olives contain pits!) ..... 7.50

### **ANTIPASTO MISTO SHARING PLATTER (N) \*1, 7**

A delicious selection of Italian cold meats including Parma ham, coppa, bresaola & salame with olives, plump sun blushed tomatoes, buffalo mozzarella, parmesan, aubergines & courgettes, served with toasted bread ..... 17.95

### **TRE COLORI CAPRESE SALAD (V) (N) \* 7, 12**

A buffalo mozzarella ball served with ripened beef tomatoes, fresh basil, avocado and a delicious pesto sauce. Drizzled with Amodeo balsamic reduction & olive oil ..... 10.95

### **FOCACCIA BREAD 12" (V) (N) \*1, 12**

A delicious light Italian flat bread with olive oil, finely diced olives, sun blushed tomatoes, garlic & rosemary served with 3 delicious dips including our Amodeo balsamic reduction, basil pesto & sun blushed tomato tapenade ..... 7.50

### **PORTOBELLO MUSHROOMS (V) (N) \*6, 7, 8, 10, 12**

Lightly grilled with walnuts & Cashel Blue cheese, served with crisp green salad ..... 9.95

### **SPICY CHICKEN WINGS \*7, 10**

Succulent Irish chicken wings cooked in a spicy hot sauce, served with a Cashel Blue dip and celery ..... 9.95

### **MINI FISHCAKES (N) \*3, 4, 7, 10, 12**

Three fresh chunky fishcakes with a hint of lime & chilli served with crisp rocket salad & a roasted vegetable salsa ..... 9.95

### **CHILLI LIME PRAWNS (HOT) \*1, 2, 10, 12**

Delicious prawns with freshly squeezed lime, chilli, garlic, leeks & onions served with toasted bread and side salad with Amodeo dressing ..... 12.95

### **GOATS CHEESE BRUSCHETTA (N) \*1, 7, 10, 12**

Warm goats cheese, roasted red peppers & basil pesto on toasted bread served with a small green salad and crispy Parma ham ..... 9.95

## Main Course

### **LASAGNA EMILIANA (N) \*1, 3, 7**

The real thing! Layers of lasagna with a rich beef ragout with locally sourced beef & pork, creamy béchamel sauce, served with crispy garlic bread & a crisp green salad or hand cut fries ..... 14.95  
(Vegetarian Lasagna optional)

### **SPAGHETTI BOLOGNESE \*1**

A classic beef ragout traditionally from Bologna, served on a bed of spaghetti ..... 13.95

### **PASTA DI GIOVANNI \*1, 7, 12**

An explosion of flavours including diced chicken breast, onions, garlic, sweet sun blushed tomatoes, chorizo, feta, white wine & a splash of cream served with tagliatelle. Add olives (optional) ..... 16.95

### **SPAGHETTI ALLA CARBONARA DI IVAN \*1, 3, 7, 12**

Spaghetti served in a delicate cream sauce with pancetta, onions, garlic, white wine & cracked black pepper ..... 14.95  
Peas or mushrooms (optional) ..... Add 0.80

### **TAGLIATELLE AL POLLO \*1, 3, 7**

Tagliatelle served with a light cream & white wine sauce with diced chicken breast, onions, garlic, butter & fresh herbs ..... 14.95  
Also delicious with broccoli or mushrooms (optional) ..... Add 0.80

**CHICKEN CACCIATORA (N) \*1, 12**

Penne served with a mouth-watering Napoletana sauce with diced chicken breast, onions, mushrooms, garlic butter, white wine, fresh herbs & a splash of brandy, finished with fresh basil pesto..... 15.95

**CANNELLONI (V) (N) \*1, 3, 6, 7, 12**

Spinach & ricotta filling in a rich buttery tomato sauce or with a creamy Cashel Blue & walnut sauce. Served with a crisp side salad. Light & heavenly!..... 15.95

**PRAWN & LEMON PASTA \*1, 2**

Spaghetti infused with butter, onions, leeks, spinach, a light lemon & white wine broth, with delicious pan seared prawns & fresh cherry tomatoes..... 17.95

**SEAFOOD RISOTTO (HOT)\*2, 4, 7, 12, 14**

Bursting with flavour with Tiger prawns, salmon, cod & smoked haddock, chorizo, roasted red peppers, peas, chilli, lemon juice & fresh herbs (mussels when in season)..... 17.95

**FETTINE DI POLLO AL VINO \*1, 3, 7**

Delicious chicken breast in a white wine & cream sauce with onions, garlic, fresh herbs & asparagus served with a salad or tagliatelle. (Lemon flavour optional)..... 15.95

**TUSCANY FAMOUS SEAFOOD STEW \*1, 2, 4, 7, 12**

A decadent dish brimming with chunky fresh fish, green beans, carrots and baby potatoes in a rich cream sauce topped with crab claws & prawns, served with toasted bread. A real treat!..... 19.95

*La Pizza - 12 inch*

All with Napoletana sauce & mozzarella cheese

**MARGHERITA (V) \*1, 7**

The classic pizza ..... 11.95

**TUSCANY (N) \*1, 7**

Bacon, olives, avocado, pesto and fresh peppery rocket ..... 14.95

**MAMMA MARIA \*1, 7**

Italian salame, ham, roasted red peppers, aubergines, mushrooms & olives ..... 15.95

**CREATE YOUR OWN PIZZA \*1, 7**

Standard mozzarella cheese and tomato sauce..... 11.95.

**PICK YOUR OWN TOPPINGS**

Roasted red peppers, red onions, aubergines, avocado, green/black olives, pineapple, sweetcorn, courgettes, sun blushed tomatoes, mushrooms, chilli, capers and rocket .....Add 0.80

Buffalo mozzarella, goats cheese, feta, Cashel blue & parmesan .....Add 1.00

Pepperoni, salame, ham, chorizo, bacon, diced chicken, spicy chicken, prawns, assorted fresh fish and anchovies.....Add 1.50

Prawns .....Add 3.00

*Salads - Insalate*

**INSALATA AL POLLO \*1, 10, 12**

Spicy grilled chicken breast served with mixed colourful salad leaves, red onions, pineapple, sweetcorn, cherry tomatoes, roasted red peppers & olives with our delicious Amodeo dressing.  
Served with toasted bread..... 12.95

**CAESAR SALAD \*1, 3, 4, 7, 10**

Caesar salad with bacon, croutons & freshly shaved parmesan, with a traditional Caesar dressing ..... 11.95  
Chicken breast (optional).....Add 3.00

**TUSCANY CREATION SALAD \*10, 12**

Create your own salad served with mixed leaves, red onions, roasted red peppers, cherry tomatoes, sweetcorn, olives, pineapple, fresh herbs with our delicious Amodeo dressing..... 9.95