

## Kids Menu



SMALLER SIZES MADE FOR LITTLE TUMMIES (12 YRS AND UNDER ONLY)

<b>GRILLED CHICKEN &amp; CHUNKY CHIPS</b> *1, 2, 4, 6, 8	
Grilled chicken breast, with hand cut fries or garlic bread.....	8.95
<b>PENNE O SPAGHETTI ALLA BOLOGNESE</b> *1, 3, 7, 12	
Served with a classic Bolognese sauce.....	6.95
<b>PENNE O SPAGHETTI CON POLPETTE</b> *1, 3, 7, 10, 12	
Served with juicy meatballs.....	6.95
<b>CARBONARA</b> *1, 3, 7, 12	
Spaghetti served in a delicate cream sauce with pancetta, onion & garlic.....	6.95
<b>PENNE AL POMODORO (V)</b> *1, 3, 7	
Penne served with a simple tomato sauce.....	5.95
<b>MINI PIZZA (V)</b> *1, 7, 12	
A delicious margherita for little people.....	6.95
Look under pizza section for additional toppings	
<b>KIDS LASAGNA (N)</b> *1, 2, 3, 4, 6, 7, 8, 10, 12	
A classic lasagna served with garlic bread or French fries.....	6.95
<b>PLAIN PENNE (V)</b> *1, 3, 7	
Served simply with butter.....	3.95

## Beverages - Bibite

### Cold Minerals

Coke, Diet Coke, 7 UP, Diet 7 UP, Club Orange, Fanta Lemon.....	2.00
Apple or Orange juice.....	2.20

### Hot Options

Tea with lemon or milk *1, 7.....	2.00
Herbal tea (green tea, peppermint, camomile, earl grey tea) *1, 7.....	2.00
Americano *1, 7.....	2.00
Espresso (single) *1, 7.....	2.00
Espresso (double) *1, 7.....	2.50
Macchiato *1, 7.....	2.00
Cappuccino *1, 7.....	2.50
Latte *1, 7.....	2.50
Mocha *1, 7.....	3.00
Flat White *1, 7.....	2.50
Hot chocolate *1, 7.....	2.90

## This & That

Amodeo Salad Dressing 250 ml *6, 10, 12.....	7.95
Amodeo Balsamic Reduction 250 ml *12.....	9.95
Amodeo Salad Dressing Refill 250ml *6, 10, 12.....	6.50



**Tuscany At Home**  
Corporate function or entertaining at home  
Talk to us about our catering options

**Tuscany Bistro**  
9 Newtown Centre,  
Castletroy, Limerick  
Tel: 061 333 444

**Tuscany Bistro**  
Main Street,  
Ballina, Co. Tipperary  
Tel: 061 376 888

**Tuscany Bistro**  
The Granary,  
Michael Street, Limerick  
Tel: 061 468 000



Stay up to date!

(N) – Contains Nuts  
(V) – Vegetarian dish

1 – 14 | Allergen information: \*1 Cereals, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soya Beans, 7 Milk, 8 Nuts,  
9 Celery, 10 Mustard, 11 Sesame Seeds, 12 Sulphite, 13 Lupin, 14 Molluscs



Food to Go

## Starters - Cold

### BRUSCHETTA BIANCA (V) (N) \*1, 6, 7, 8, 10, 12

Toasted ciabatta topped with buffalo mozzarella slices, vine ripened tomatoes with fresh basil pesto, served with a small crisp green salad ..... 6.95

### BRUSCHETTA ROSSA (V) \*1, 6, 10, 12

Toasted ciabatta topped with freshly chopped tomatoes, red onions, garlic, basil, olive oil & a drizzle of Amodeo dressing served with a crisp green salad ..... 6.95

### ANTIPASTO MISTO (N) \*1, 6, 7, 8, 10, 12

A delicious selection of Italian cold meats including Parma ham, coppa, bresaola & salami with olives, plump sun blush tomatoes, buffalo mozzarella, parmesan, aubergines & courgettes, served with toasted bread ..... 8.95

### OLIVE SELECTION (V) (N) 1, 6, 7, 8

A delicious selection of mixed olives with fresh mint, sun blushed tomatoes, lime, olive oil & fresh lemon, served with a mini focaccia bread. A great pre dinner nibble! (Olives contain pits!) ..... 5.50

### CAPRESE SALAD (N) \* 6, 7, 8, 10, 12

A buffalo mozzarella ball served with ripened beef tomatoes, fresh basil and a delicious pesto sauce. Drizzled with Amodeo balsamic reduction & olive oil ..... 8.95

## Starters - Hot

### ZUPPA DEL GIORNO (N) \*1, 6, 7, 8, 9, 10, 12

Soup of the day served with toasted ciabatta ..... 3.95

### PORTOBELLO MUSHROOMS (V) (N) \*6, 7, 8, 10, 12

Lightly grilled with walnuts & Cashel blue cheese, served with crisp seasonal leaves ..... 7.95

### SPICY CHICKEN WINGS \*6, 7, 10, 12

Succulent Irish chicken wings cooked in a spicy sauce, served with a Cashel Blue dip and a crisp rocket salad with shaved parmesan & reduction.... 7.95

### FISHCAKE (N) \*1, 2, 4, 6, 7, 12

Fresh chunky fishcake with a hint of lime & chilli served with crisp rocket & a roasted vegetable salsa ..... 7.95

### CHILLI LIME PRAWNS (HOT) \*1, 2, 6, 7, 10, 12

Delicious prawns with freshly squeezed lime, chilli, garlic, leeks & onions served with ciabatta bread & peppery rocket, parmesan shavings & Amodeo balsamic reduction ..... 9.50

### ST TOLAS GOATS CHEESE BRUSCHETTA

(V) (N) \*1, 6, 7, 8, 10, 12

Toasted ciabatta topped with goats cheese, roasted red peppers & basil pesto served with a small green salad and crispy Parma ham ..... 7.95

## Primi - Main Course

### PENNE E POLPETTE \*1, 3, 7, 10, 12

Juicy meatballs in a rich tomato sauce served with penne pasta ..... 12.95

### LASAGNA EMILIANA (N) \*1, 2, 3, 4, 6, 7, 8, 10, 12

The real thing! Layers of lasagna with a rich beef ragout & creamy béchamel sauce, served with a crisp side salad or hand cut fries ..... 10.95 (Vegetarian lasagne optional)

### SPAGHETTI BOLOGNESE \*1, 3, 7, 12

A classic beef ragu traditionally from Bologna, served on a bed of spaghetti ..... 11.95

### PASTA DI GIOVANNI \*1, 3, 7, 12

An explosion of flavours including diced chicken breast, onions, garlic, sweet sun blush tomatoes, chorizo, olives, feta, white wine & a splash of cream served with tagliatelle (No olives, no problem!) ..... 14.95

### SPAGHETTI ALLA CARBONARA DI IVAN \*1, 3, 7, 12

Spaghetti served in a delicate cream sauce with pancetta, onions, garlic white wine & cracked black pepper. Or with an egg yolk. The proper Italian way! ..... 13.95 Peas or mushrooms (optional) ..... Add 0.80

### TAGLIATELLE AL POLLO \*1, 3, 7, 12

Tagliatelle served with a light cream & wine sauce with diced chicken breast, onions, garlic, butter & fresh herbs ..... 12.95 Also delicious with broccoli or mushrooms ..... Add 0.80

### CHICKEN CACCIATORA (N) \*1, 3, 6, 7, 8, 12

Penne served with a mouth-watering Neapolitana sauce with diced chicken breast, onions, mushrooms, garlic butter, white wine, fresh herbs & a splash of brandy, finished with fresh basil pesto ..... 13.95

### CANNELLONI (V) (N) \*1, 3, 6, 7, 8, 10, 12

Spinach & ricotta filling in a rich buttery tomato sauce. Served with a crisp side salad. Light & heavenly! ..... 13.95

### PENNETTE ALLA DIAVOLA (HOT) (V) \*1, 3, 7, 12

(For lovers of olives only!)

Penne served with onions, leeks, garlic, chilli, roasted red peppers, an olive & caper tapenade, with a splash of cream & white wine. .... 13.95 Delicious with chicken or pancetta! (optional) ..... Add 1.50

### SPINACH & RICOTTA RAVIOLI (V) (N) \*1, 3, 4, 7, 8, 12

Delicious pasta pockets filled with spinach & ricotta served in a buttery tomato sauce with fresh herbs or with a rich, creamy Cashel blue & walnut sauce ..... 13.95

### TAGLIATELLE AL SALMONE \*1, 3, 4, 7, 12

Tagliatelle served with a delicate cream sauce with onions, leeks, garlic, fresh lemon juice, a splash of white wine, Ballycotton smoked salmon & cracked black pepper ..... 14.95

### PRAWN & LEMON PASTA \*1, 2, 3, 7, 12

Spaghetti infused with butter, onions, leeks, spinach, a light lemon & white wine broth, with delicious pan seared prawns & fresh cherry tomatoes ..... 14.95

**Gluten free options are available for both pizza, pasta & bruschetta selection.**

Pease let your server know if you have any dietary requirements that we should be aware about.

## Secondi – Main Course

### FILLET ROSSINI (N) \*1, 4, 6, 7, 8, 10, 12

Cooked to your preference with grilled Portobello mushroom, a choice of garlic butter, Cashel blue cheese or pepper sauce served with a vine of cherry tomatoes, seasonal baby vegetables or a crisp rocket salad & a choice of either baby potatoes, potato gratin or hand cut fries ..... 24.95  
(Please allow 30 mins for a well done steak)

### SEAFOOD RISOTTO (HOT)\*2, 7, 12

Bursting with flavour with prawns, chorizo, roasted red peppers, peas, chilli, lemon juice & fresh herbs..... 14.95

### FETTINE DI POLLO AL VINO \*1, 3, 4, 6, 7, 10, 12

Delicious locally sourced chicken breast in a white wine & cream sauce with onions, garlic, fresh herbs & asparagus served with a salad or tagliatelle (Lemon flavour optional) ..... 14.95

### TUSCANY FAMOUS SEAFOOD STEW \*1, 2, 4, 7, 12

A decadent dish brimmed with chunky fresh fish, green beans, carrots and baby potatoes in a rich cream sauce topped with crab claws & prawns, served with toasted ciabatta. A real treat!..... 16.95

### CATCH OF THE DAY \*2, 4, 6, 7, 8, 9, 10, 12

Our fresh catch of the day is delivered on a daily basis to our restaurants. Please ask your server about today's catch. Served with a crisp salad or seasonal vegetables ..... POA

PLEASE SEE OUR DAILY SPECIALS BOARD

## La Pizza – 12 inch

All with Neapolitan sauce & mozzarella cheese

### MARGHERITA (V) \*1, 7, 12

The classic pizza ..... 10.95

### TUSCANY (N) \*1, 2, 4, 6, 7, 8, 12

Bacon, olives, avocado, pesto and fresh peppery rocket ..... 13.95

### ARRABBIATA (HOT & SPICY) \*1, 7, 12

Italian salami, roasted red pepper & fresh chillies..... 13.95

### MAMMA MARIA \*1, 7, 12

Italian salami, ham, roasted red peppers, aubergines, mushrooms & olives ..... 14.95

### CAMPAGNOLA \*1, 4, 7, 12

Pepperoni, ham, roasted red peppers, red onions, olives & anchovies..... 15.95

### HONOLULU \*1, 7, 12

Ham, sweetcorn & pineapple..... 13.95

### CREATE YOUR OWN PIZZA OR CALZONE \*1, 2, 3, 4, 6, 7, 10, 12

(Please allow 20 mins for calzone)

Standard mozzarella cheese & tomato sauce .....10.95

#### PICK YOUR OWN TOPPINGS

Roasted red pepper, red onions, aubergine, green/black olives, pineapple, sweetcorn, courgettes, sun blush tomatoes, mushrooms, chilli, capers and rocket..... Add 0.80

Buffalo mozzarella, St Tolas goats cheese, feta, Cashel blue & parmesan ..... Add 1.00

Pepperoni, salami, ham, chorizo, bacon, grilled chicken, spicy chicken, prawns, smoked salmon, fish mix and anchovies..... Add 1.50

## Salads – Insalate

### INSALATA AL POLLO \*1, 6, 7, 8, 10, 12

Spicy grilled chicken breast served with mixed colourful salad leaves, red onions, pineapple, sweetcorn, cherry tomatoes, roasted red peppers & olives with our delicious Amodeo dressing.  
Served with toasted ciabatta bread..... 11.95

### CLASSIC CAESAR SALAD \*1, 3, 4, 7, 8, 10

Classic Caesar salad with iceberg lettuce, bacon, croutons & freshly shaved parmesan, with a traditional Caesar dressing ..... 10.95  
Chicken breast (optional)..... Add 1.50

### TUSCANY CREATION SALAD \*2, 4, 6, 8, 10, 12

Create your own salad with mixed leaves, red onions, roasted red peppers, cherry tomatoes, sweetcorn, olives, pineapple, fresh herbs, olive oil, lemon juice & mint or Amodeo dressing .....8.95

#### Design your own:

Roasted red pepper, red onions, aubergine, green/black olives, pineapple, sweetcorn, courgettes, sun blush tomatoes, mushrooms, chilli, capers and rocket ..... Add 0.80

Buffalo mozzarella, St. Tola's goats cheese, feta, Cashel blue & parmesan ..... Add 1.00

Pepperoni, salami, ham, chorizo, bacon, grilled chicken, spicy chicken, prawns, smoked salmon, fish mix and anchovies ..... Add 1.50

## Side Dishes – Contorni

### MAXINE'S NAUGHTY BREAD (V) \*1, 7, 12

Crispy garlic bread with garlic butter & fresh herbs..... 2.95  
Cheese is optional..... 1.00

### FOCACCIA BREAD 12" (V) (N) \*1, 6, 7, 8, 12

A delicious light Italian flat bread with olive oil, finely diced olives, sun blush tomatoes, garlic & rosemary served with 3 delicious dips including our Amodeo balsamic reduction, basil pesto & sun blush tomato tapenade..... 5.50

### PATATE GRATINATE (V) \*7

Sliced potatoes baked with finely chopped onions, garlic, cream & mozzarella cheese ..... 3.50

### HAND CUT FRIES (V) (N) \*1, 2, 4, 6, 7, 8

Chunky & delicious ..... 3.50

Parmesan chips (V) (N) \*1, 2, 4, 6, 7, 8 ..... Add 1.00

Truffle chips (V) (N) \*1, 2, 4, 6, 7, 8 ..... Add 1.00

### BABY POTATOES (V) (N) \*6, 7, 8

Flavoursome new potatoes served with either garlic butter, fresh basil pesto or olive oil ..... 2.50

### CRISP GARDEN VEGETABLES (V) \*6, 7, 8

Selection of steamed crisp seasonal baby vegetables ..... 3.50